

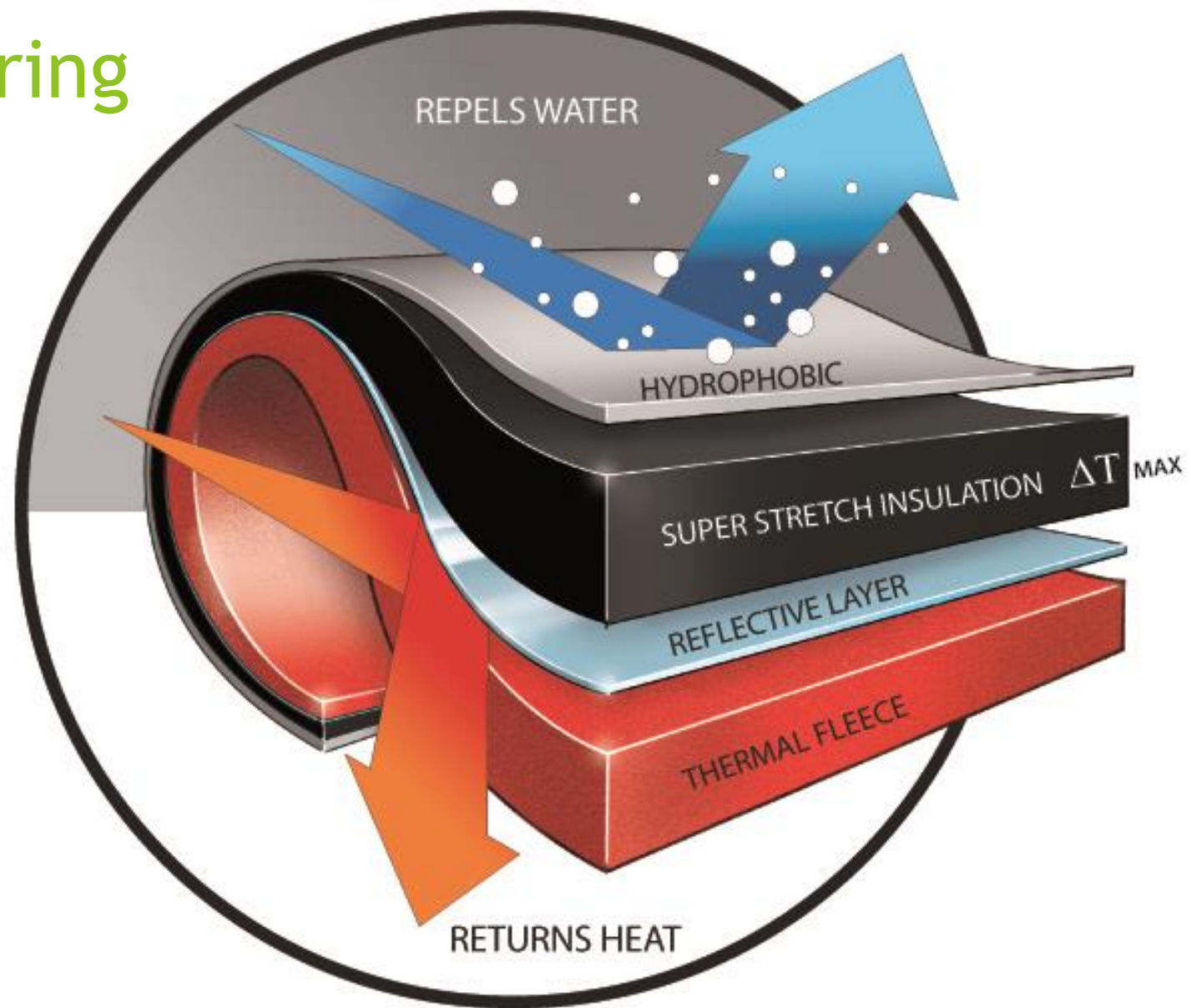
Layer for Comfort

Basics for Backpacking

Why is Layering so Crucial to Enjoying Backpacking?

- ▶ Unpredictable weather is Guaranteed!
 - ▶ You quickly chill if you are wet and the wind blows
 - ▶ It gets hot quickly when you are walking with a pack
- ▶ It is no fun to be cold!
- ▶ It is no fun to be hot if your clothes trap in heat!
- ▶ It is a must to have easy access to rain and warm layers.
- ▶ It is life threatening to be either too hot or too cold.

Layering



Layering

Quick Dry



Tee



Long Sleeves



Fleece (or Down)



Wind Break & Rain



Quick Dry Hiking Pants



Wind Break & Rain



Pics are from: Icebreaker, Patagonia, REI, but all can come from Goodwill (and should to start)

PJs (and extra warmth)

Quick Dry



Hat



Fleece or Thermals



Thermals



Gloves



x2

Gloves

What it all looks like

